

Integrated Benefits

# Companion Care

## Support for Caregivers and Families

Connects qualified and highly-vetted Companions with seniors and adults who are elderly, disabled, or in need of social support and assistance.



## Product Highlights



### Social Support & Companionship

An online family caregiving service that connects individuals with expert care advisors supporting them and their loved ones.



### Caregiving

Companions assist elderly, blind, or disabled seniors with transportation, technical guidance, and household chores.



### Nurse & Social Worker Advice

Dedicated Social Workers and Nurse Care Advisors provide additional support and expertise through messaging and video.



In-Home Support



Caregiver Respite



24/7 Call Support



Companionship Opportunities



Expert Advice



Elder Care & Assistance



21  
Hours

## Did you know?

Caretakers spend an average of 21 hours per week looking after their loved ones.

Digital  
Medical  
Home

NEXTGEN CARE

BENEFITS

# Product Details

## In-Home Support

Help with common needs such as yard work, meal prep and groceries, transportation, and technology.

## Caregiver Respite

Support of family caregivers who manage the medical, social, and day-to-day needs of their loved ones.

## 24/7 Call Support

Advisors are available 24/7 via mobile and video app to provide timely support to in-home care problems.

## Companionship Opportunities

Companionship to address loneliness and ensure needs are met.

## Expert Advice

Availability of nurses and social workers to address needs and answer key questions.

# Support Examples



## Household Organization

Companions help around the house by tidying rooms, organizing goods, and doing light household cleaning.



## Yard Work & Tech Assistance

Assistance with technological challenges regarding computers and phones, and support with easy gardening.



## Meal Prep

Nutrition assistance to ensure a healthier lifestyle including meal preparation and grocery shopping.



## Errands & Transportation

Providing transportation to shopping, community centers, and lending assistance with lifting heavier items in stores.



## Medical Appointments

Companions can assist with medication adherence, speaking with doctors, and advocating for care.

