

Integrated Benefits

# Companion Care

## Support for Caregivers and Families

Companion care offers boots-on-the-ground support for seniors, family members who are ill or disabled, or help with children.



## Product Highlights



### Social Support & Companionship

Help connecting individuals with expert care advisors to support them and their loved ones.



### Caregiving

Connecting Companions to help care for aging or ill loved ones, children or themselves.



### Help with Key Tasks

Support with yard work, meal prep and groceries, transportation, and technology, and other areas.



Daily Task Support



Emotional Support



Caregiver Respite



**21**  
Hours

## Did you know?

Caretakers spend an average of 21 hours per week looking after their loved ones.

**Digital  
Medical  
Home**

NEXTGEN CARE

BENEFITS

# Product Details

### Daily Task Support

Help with common needs such as yard work, meal prep and groceries, transportation, and technology.

### Caregiver Respite

Support of family caregivers who manage the medical, social, and day-to-day needs of their loved ones.

### Emotional Support

Companionship to address loneliness and ensure needs are met.

# Support Examples



Household Organization



Medical Appointment Transportation



Meal Prep



Tech Assistance



Errands



Yard Work



Grocery Shopping



And More

